



United We Win



United Way of West Central CT

ANNUAL REPORT 2017

At United Way of West Central Connecticut, we believe the most important work often happens in the trenches – and often quietly by people who do not seek recognition. We remember this past year for the lives we changed and the communities we strengthened. For the opportunities we created.

This year's annual report shines a light on some of the people and organizations we helped, as well as those who made it possible. You will see stories about our fight to get books into young children's hands. About our fight against homelessness in Bristol and senior isolation in Plymouth. As these examples make clear, we fight for the health, education and financial stability of every person in every community.

At United Way, we believe that health, education and financial stability are the building blocks of a strong community. When a child is healthy, he goes to school. When a student receives a good education, she gets a job that provides for her and her family. Our community-based approach would be impossible without the assistance of our corporate, community, labor and government partners. Deeply rooted problems require the time and talents of a range of individuals and organizations, and we are incredibly grateful for their support.

That support is critical in a time when it seems like the only constant is change itself. In times of turbulence, however, we believe that our time-tested way of working—forging unlikely partnerships and mobilizing resources to develop sustainable solutions—is more valuable than ever. People will look to United Way to bring them together with opportunities to organize, build coalitions and effect positive change.

We're proudly stepping forward, and we're eager for the challenge. We know that tough issues require tough work, and that change doesn't happen alone. It takes everyone fighting and pulling as one. To all of our partners, donors, advocates and volunteers, thank you for being in the trenches with us this year. With your help, we will continue fighting to create lasting change that impacts countless lives, makes our community a better place and leaves an enduring mark on society.

UNITED WE FIGHT. UNITED WE WIN.

Thank you.



Donna Osuch
President and CPO



United We Win



2017 Annual Report

Our Vision

To advance the common good
by creating lasting changes to improve lives
in Bristol, Burlington, Plainville and Plymouth/Terryville.

Our Mission

We unite our communities
to create opportunities for a better life for all
by focusing on education, financial stability and health.

HELPING CHILDREN & YOUTH ACHIEVE THEIR POTENTIAL

Our Community Partners in Education *2016-2017*

BCO/Bristol Family Resource Center
Boys & Girls Club of Bristol Family Center

Bristol Preschool Child Care Center

CRC/Boy Scouts of America

Girl Scouts of CT

Nutmeg Big Brothers Big Sisters

Plainville Early Learning Center

Plymouth Family Resource Center

Ages & Stages Screening (SEARCH)

Cambridge Park Outreach Services

Project Learn - West Street

Hardship Subsidy

Weekend Food Backpack Program

Participation for Underprivileged Youth

Summer Campership Program

Community-Based Mentoring

Preschool and School-Aged Programs

Early Childhood Education

United Way Community Impact Work - Education Initiatives

Bristol Early Childhood Alliance (BECA)

Kids in the Middle (KIM)

Youth Board



Bristol Preschool, Community Partner



Kids in the Middle

Field Day at Barnes Nature Center

Education

Bristol Early Childhood Alliance



Formed 9 years ago, Bristol Early Childhood Alliance's Appetite for Reading Program shares the love of reading by getting books into the hands of kids throughout Bristol. This effort has grown to include 11 bookshelves at area restaurants, ice cream parlors, pediatrician offices, nonprofits and local businesses. Between July 1, 2016 and June 30, 2017, 8,034 books have flown off the shelves, and into the hands of kids and families.

**Girl Reading Book at Pediatric Care Center
Waiting Room in Bristol**

Kids in the Middle

Five middle schools from Bristol, Burlington, Plainville and Plymouth operated a Kids in the Middle (KIM) program, with 438 students completing 4,167 hours of community service. In Fall 2016, KIM students from the four towns joined together at Winding Trails to learn problem-solving and leadership skills and break down stereotypes, thanks to a grant from Thomaston Savings Bank. In the Spring of 2017, KIM kids from Bristol, Burlington, Plainville & Plymouth gathered at the Barnes Nature Center for a wrap-up celebration, filled with problem-solving and leadership-building games and activities.

Youth Board

Thirty students from all 6 local high schools met monthly to discuss issues, raise awareness, and volunteer during local events, such as the Day of Caring and the Children's Reverse Parade. They also raised funds for the United Way through the Charity Cycling Challenge.

The students organized and volunteered at a Senior Citizen Prom at the Bristol Senior Center - which brought over 100 seniors from local and surrounding towns for an Italian-themed Prom Night.

HELPING FAMILIES IMPROVE FINANCIAL STABILITY

Our Community Partners in Income *2016-2017*

Bristol Adult Resource Center (BARC)
Bristol Community Organization (BCO)

Literacy Volunteers of Central CT
Salvation Army

St. Vincent De Paul Mission of Bristol

Respite, Recreation & Volunteerism
Case Worker/Social Services Program
Retired & Senior Volunteer Program (RSVP)
Greater Bristol Literacy Program
Comprehensive Emergency Assistance
Soup Kitchen
Bristol Homeless Shelter

United Way Community Impact Work - **Income Initiatives**

Adopt-A-Child Back to School Program
Bristol Task Force to End Family Homelessness
Financial Coaching
Financial Education Classes
Joy of Sharing Program
Volunteer Income Tax Assistance (VITA)



Joy of Sharing Toy & Food Drive

Over 52 businesses, organizations and individuals donated food or toys during our Joy of Sharing drive. These were distributed to families in the community through 21 partnering organizations, making the holidays bright for many local children.

In May 2017, United Way added a Joy of Sharing Summer Food Drive to help restock local food pantries during a time of year when their food supplies are often low.

Income

Adopt-A-Child Back to School Program

Through the generosity of over 48 organizations and many individuals and families, 550 local children from Bristol, Burlington, Plainville and Plymouth received a new outfit, backpack, and school supplies for the first day of school. On September 17, 2016, Bristol Firefighters, Police, Teachers and EMTs organized a “We Are One” Softball Tournament and hundreds of school supplies were donated. United Way distributed the many donations to children in need in Bristol schools.

Bristol Task Force to End Family Homelessness

The Bristol Task Force to End Family Homelessness works collaboratively to build a homelessness response and prevention system that meets the dynamic conditions of human need. The Task Force includes over 50 individuals and representatives of more than 20 organizations, who meet monthly to plan, advocate and take actions to prevent and to resolve local housing problems and needs of people in Bristol experiencing homelessness or at risk of becoming homeless.

Financial Coaching

Five new participants built their families’ financial stability by participating in one-on-one coaching sessions. All increased their financial knowledge and improved their family’s financial stability, as evidenced by the completion of family budgets, pre- and post-tests and moving forward with their identified financial goals. Eight new financial coaches completed training in August 2016, through a Main Street Community Foundation grant.

Financial Education Classes

Classes were offered in partnership with the CT Money School on topics including budgeting and stretching dollars, the financial implications of divorce, and financial recovery. Thirty-two individuals were able to grow their knowledge of financial literacy, moving towards improved financial stability for their families. 4 of these individuals attended multiple courses, demonstrating their commitment to strengthening their family’s economic stability and reaching their financial goals.

Volunteer Income Tax Assistance (VITA) Program

For the 8th year running, free income tax preparation was offered twice weekly throughout the tax season at the United Way office. Twenty volunteers filed over 492 returns, saving low to moderate income families over \$121,000 in tax preparation fees. The average refund was \$1,428. \$676,991 were returned to the community through Federal & State refunds last year alone. 94% of clients surveyed reported being “very satisfied with the service they received”. Beyond receiving tax preparation services, VITA clients also receive information and referral to a variety of local asset-building resources.

IMPROVING PEOPLE'S HEALTH & WELLNESS

Our Community Partners in Health *2016-2017*

Bristol Hospital Parent & Child Center
Catholic Charities
CMHA
PARC - Plainville
Prudence Crandall Center
Wheeler Clinic

Wheeler Regional YMCA
YWCA of New Britain

Family Wellness Program
Elderly Outreach Counseling Program
Behavioral Health Home Initiative
Aging with Developmental Disabilities
Bristol Outreach Program
Bristol Health and Wellness Center
Child and Adolescent Extended Day Treatment
Children's Trauma Initiative
Early Childhood Development Program
LIVESTRONG at the Y
Sexual Assault Crisis Service

United Way Community Impact Work - **Health Initiatives**

2-1-1 Infoline
Familywise Prescription Discount Program
West Central Connecticut TRIAD Program



West Central CT TRIAD
5th Annual Spring Conference
Cognition & Creativity
Plainville Senior Center

Health

2-1-1

There were 12,022 requests for service referrals from 10,236 calls from July 1, 2016 - June 30, 2017 from the towns of Bristol, Burlington, Plainville and Plymouth.

The top ten requests were for:

Mental Health & Addictions (6,274)

Housing & Shelter (1,855)

Healthcare (910)

Utilities (699)

Employment & Income (692)

Other (563)

Food (377)

Government & Legal (342)

Clothing & Household (106)

Transportation Assistance (103)

Of the mental health and addiction services:

4,758 requests were made for mental health services; 1,202 were for crisis intervention and suicide; 301 were for substance abuse and addiction; and 13 were for mental health facilities.



FamilyWise Prescription Discount Program

In 2017, 757 people in our area used this free discount card to reduce the cost of their prescriptions, resulting in total savings of \$54,781.

West Central CT TRIAD The West Central CT TRIAD strives to strengthen community partnerships that help improve the quality of life, health and safety of older residents of Bristol, Burlington, Plainville and Plymouth/Terryville. Over 15 volunteers meet regularly to address Senior Issues through our SALT Council (Seniors And Law Enforcement Together), including members of law enforcement, organizations that serve seniors and older (more experienced!) adult volunteers.

Over 120 seniors came to the Plainville Senior Center for the 5th Annual TRIAD Spring Conference, "Cognition & Creativity: The Power of Lifelong Learning and the Arts". Speakers included Dr. Margarita Reyes (shown left) of Bristol Hospital and Thomas Hayden of the Alzheimer's Resource Center. Attendees got to experience a variety of activities including Big Brain Academy, coloring and crosswords, vision collage, relaxation and art. Attendees got to participate in a Functional Fitness demonstration and a Drum Circle, share a healthy lunch and hear about many resources available in the community.

Day of **CARING** 26 **May 19, 2017**



The 2017 Day of Caring was made possible by
the following organizations, businesses and schools:

Aldi, Armoloy of CT, Inc., Asbury United Methodist Church, Attorney Mark Ziogas, Barnes Group, Inc., Bauer, Inc., Briar Rose, Bristol Elks Lodge 1010, Bristol Exchange Club, Bristol Hospital, Bristol Hospital Development Foundation, Bristol Housing Authority, Bristol Municipal Employees Union Local 1338, Bristol Police Union, Bristol Preschool and Childcare Center, Bristol Rotary Club, CACO Print Productions, Chippens Hill Veterinary Hospital, Cigna HealthCare, City of Bristol, City True Value Hardware, Community Mental Health Affiliates, Computer Development Systems, Connecticare, C.V. Mason & Co., D'Amato Construction Co., Inc., David Van Allen, DoubleTree by Hilton, EdAdvance, Farmington Bank, First Bristol Federal Credit Union, Forestville Village Association, Gene Prentiss & Company, P.C., GE Energy Connection: Industrial Solutions, Gems Sensors & Controls, Globe Travel, Greater Bristol AFL-CIO, HRA of New Britain, Imagine Nation, A Museum Early Learning Center, Kohl's, Mizzy Construction, Nuchies Restaurant, Paradis Electric, People's United Bank, Plainville Rotary Club, Plainville Oil Service, Plymouth Parks and Recreation, Plymouth Rotary Club, Pytlik & Albino CPA's, Ricci & Co., Riverside Wealth Management, R. Laviero Plymbing, Heating and Air Conditioning, Roland Dumont Agency, Simsbury Bank, Steven AutoMall Centre, Terryville Knights of Columbus, Terryville Rotary Club, The Thermal Print House, Three Leaf Landscaping, Thomaston Savings Bank, Tomasso Group, Town of Burlington, Tracy Driscoll Insurance, Triem Industries, Ultimate Companies, United Bank, United Way Youth Board, Webster Bank, Wheeler Clinic, Wheeler Regional YMCA, the Young Professionals for United Way, and Ziogas Financial Planning.

Participating Schools: Bristol Central HS, Bristol Eastern HS, Bristol Sports Hall of Fame, Bristol Preparatory Academy, Plainville HS, Regional School District #10, St. Paul Catholic HS, Terryville HS.

UNITED WE WIN



United Way's largest volunteer mobilization effort
of the year is our annual Day of Caring.

On May 19, 2017, nearly 550 hard-working volunteers completed 52 projects at 33 sites in our four communities! Local businesses, organizations, and all the local high schools banded together to help 26 nonprofit organizations better serve the community.

UNITED WE WIN

to **GIVE ...**

Contact:

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to **ADVOCATE ...**

Contact:

Donna Osuch, President and CPO
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to **VOLUNTEER ...**

Contact:

Elizabeth Hill, Community Impact Coordinator
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Nancy Micloskey, Community Impact Assistant Coordinator
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Laura Watson, Early Childhood Coordinator
lwatson@uwestcentralct.org
860-582-9559 x 400

or visit our Volunteer Website for local opportunities

getconnected.uwestcentralct.org



Board of Directors 2016-2017

Jerome Albino, CPA
Pytlik & Albino, LLC, CPA's

Tom Mazarella - Board Chair
Mazarella Productions

Keith Bernier
Webster Bank

Jim Pelletier
Bristol Police Department

Sue Brault
ConnectiCare

Dave Preleski
Vitrano, Preleski & Wynne

Bob Caggiano
GE Energy Connections: Industrial Solutions

Gregory Provencal
Roland Dumont Agency

Jena Doolittle
Cigna

Bryan Ricci, CPA - 2nd Vice Chairperson
Ricci & Co.

Sandy Ewen
Bristol Hospital

John-David Scarritt - Secretary
Thomaston Savings Bank

Donna Gravlin
Barnes Group, Inc.

Trish Tomlinson - Treasurer
Farmington Bank

Dawn Leger
City of Bristol

Byron Treado
Simsbury Bank

Patricia Marin - 1st Vice Chairperson
First Bristol Federal Credit Union

David Van Allen - Past Board Chair
Webster Bank



Community Builders' Reception



Volunteer Financial Coach Graduation



Little Free Library on Main Street



Kids in the Middle Field Day at Barnes Nature Center



Golf Tournament



High School Students Sorting Food



Joy of Sharing Food Drive



Rails-to-Trails Cleanup in Burlington



TRIAD Spring Conference:
"Cognition & Creativity"



Outreach Event at Imagine Nation,
A Museum Early Learning Center

2016-2017 Event Highlights

2016-2017 Fund Distribution

Community Initiative Leveraged Funds	\$71,319.73
Camperships	\$1,240.00
Donor Choice Allocations	\$64,265.00

Education

Bristol Community Organization and the Bristol Family Resource Center	Ages & Stages Questionnaire Screening (SEARCH)	\$14,250
Bristol Preschool Child Care Center	Weekend Food Backpack Program	\$ 2,280
	Hardship Subsidies	\$ 9,120
CT Rivers Council - Boy Scouts of America	Participation for Underprivileged Youth	\$ 3,800
Girl Scouts Summer	Campership Program	\$ 3,800
Nutmeg Big Brothers Big Sisters	Community Based Mentoring	\$ 3,800
Plainville Early Learning Center	Preschool and School-Aged Programs	\$ 7,125
Education Connection Flymouth FRC	Early Childhood Education & Kindergarten	\$ 8,075
Wheeler Clinic	Early Childhood Development Program	\$ 9,500

Income

Bristol Adult Resource Center (BARC)	Respite, Recreation & Volunteerism	\$ 9,500
CT Legal Services	Legal Aid - Civil	\$ 3,800
HRA of New Britain	Case Worker/Social Services Program	\$19,000
Literacy Volunteers of CT	Greater Bristol Literacy Program	\$ 4,750
Salvation Army	Comprehensive Emergency Assistance Program	\$ 4,038
	Soup Kitchen	\$ 4,038
St. Vincent De Paul Mission of Bristol	Bristol Homeless Shelter	\$28,500

Health

Bristol Hospital Parent & Child Center	Family Wellness Program	\$ 7,600
Catholic Charities	Elderly Outreach Counseling Services	\$ 7,600
Community Mental Health Affiliates	Behavioral Health Home Initiative	\$14,250
PARC	Aging with Developmental Disabilities	\$ 2,850
Prudence Crandall	Bristol Outreach Program	\$17,100
United Way of CT	2-1-1 Infoline	\$ 6,846
Wheeler Clinic	Bristol Health and Wellness Center	\$ 9,500
	Child and Adolescent Extended Day Treatment	\$12,350
	Children's Trauma Initiative	\$11,400
Wheeler Regional YMCA	LIVESTRONG at the Y	\$ 2,850
YWCA of New Britain	Sexual Assault Crisis Service	\$ 7,600

Statement of Financial Position

	<u>2017</u>	<u>2016</u>
ASSETS		
Current Assets:		
Cash and cash equivalents	\$ 236,498	\$269,151
Cash-invested	97,842	97,561
Investments, at market values	876,178	880,178
Pledges receivable	551,259	597,530
Other current assets	<u>11,775</u>	<u>10,851</u>
Total current assets	<u>\$1,773,552</u>	<u>\$1,855,271</u>
Plant and Equipment:		
Plant and equipment	\$ 68,146	\$68,146
Less - Accumulated depreciation	<u>66,827</u>	<u>65,730</u>
Net plant and equipment	<u>\$ 1,319</u>	<u>\$2,416</u>
Total assets	<u>\$1,774,871</u>	<u>\$1,857,687</u>
LIABILITIES		
Current Liabilities:		
Allocations payable to designated agencies	\$669,306	\$726,499
Accounts payable and accruals	20,416	16,197
Due to affiliates	<u>4,418</u>	<u>3,418</u>
Total current liabilities	<u>694,140</u>	<u>746,114</u>
Total liabilities	<u>\$694,140</u>	<u>\$746,114</u>
NET ASSETS		
Net assets:		
Unrestricted:		
Unappropriated	\$596,777	\$649,572
Appropriated-Investment in Plant and Equipment	1,319	2,416
Appropriated-Board Community Initiatives	<u>3,736</u>	<u>3,101</u>
Total unrestricted net assets	<u>\$601,832</u>	<u>\$655,089</u>
Temporarily restricted:	138,112	115,697
Permanently restricted:	<u>340,787</u>	<u>340,787</u>
Total net assets	<u>\$1,080,731</u>	<u>\$1,111,573</u>
Total liabilities and net assets	<u>\$1,774,871</u>	<u>\$1,857,687</u>



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Stay Connected



www.uwwestcentralct.org

Check out our website for a wealth of information on this site about our United Way, our work and our events!



www.facebook.com/UnitedWayWestCentralConnecticut

Update your status with something fun about United Way or post a picture.

Just remember to tag us in your posts!

Or share one of our posts with your friends!



Twitter Handle: @UnitedWayWCCT

Talk about your experience with United Way or post pictures!
Use the hashtag **#LIVEUNITED** and put our handle in your post.